

## Podcast UNESCO RILA: The sounds of integration

### Guest series: 'What does community mean to you?' Episode 2: 'Without community, my soul is dead'

This guest series is made by Sadie Ryan, who makes the podcast [Accentricity](http://www.accentricity-podcast.com) [www.accentricity-podcast.com], and Ken Gordon, who makes the podcast [Refugee Voices Scotland](http://www.refugeevoicesscotland.com) [www.refugeevoicesscotland.com].

This episode features stories from four people who have experienced migration of one kind or another. Below is some information about each of them, in order of appearance.

Clare McBrien is a community musician who writes and records under the name [Mima Merrow](http://www.mimamerrow.com) [www.mimamerrow.com]. Her debut EP, [Good Grief](https://mimamerrow.bandcamp.com/album/good-grief) [https://mimamerrow.bandcamp.com/album/good-grief], was released on the 4th December 2020 and is at once a throw away expression of surprise and a nod to the overarching theme of the EP; to allow oneself a moment to experience the full force of our grief before moving forward. As well as producing her own music, she facilitates songwriting and music making workshops in a wide variety of contexts, working with people to create their own music. She has worked with people in the criminal justice system, adults and children with additional support needs and disabilities, people experiencing homelessness and asylum seekers and refugees. Contact her at [mimamerrow@gmail.com](mailto:mimamerrow@gmail.com).

Mehdi Saki is the Participation Manager at Glasgow Night Shelter. You can find them on Twitter [@GlasgowShelter](https://twitter.com/GlasgowShelter). If you would like to support their work with a donation, please email [hello@glasgownightshelter.org](mailto:hello@glasgownightshelter.org).

Kira is 4 years old, so she doesn't have a website yet. She recently moved from Glasgow to St Andrews.

Nerissa Howard was born in Palestine and raised in Glasgow by her American mother and Scottish grandparents. She graduated from the University of Stirling and the University of Glasgow with degrees in Political Science. She now lives in Prague teaching English.

The songs that can be heard in this episode are 'Invisible Lines' and 'Freckles' by Mima Merrow.

The conversations in this episode took place in October and November 2020. The guest series "What community means to you" was commissioned by the UNESCO Chair in RILA in September 2020.

To find out more about the UNESCO Chair for Refugee Integration Through Languages and the Arts, you can visit the [website](https://www.gla.ac.uk/research/az/unesco/) [https://www.gla.ac.uk/research/az/unesco/] or follow [@UofGUnescoRILA](https://twitter.com/UofGUnescoRILA) on Twitter.