

[Title] Out of sight, out of mind?

Invisible disabilities in work and study environments:
raising awareness, reducing stigma, starting
conversations

23 May 2019

10.00am to 1.30pm

Sir Charles Wilson Building

Programme

09.30 Registration and coffee/biscuits

10.00 Welcome Jill Morrison (UofG Clerk of Senate)

10.05 Introduction/What are invisible disabilities? *Optional interactive activity*
Frank Coton (UofG Disability Champion)

10.25 What is the impact of invisible disabilities in work/study environments?
Mary Blatchford (UofG Occupational Health)

10.40 What's it like to live and work/study with an invisible disability?
CHAIR Jill Morrison

Lived experience speakers

El Spaeth (Learning Enhancement and Academic Development Service, University of Glasgow)

Jane Goodfellow (Institute of Health and Wellbeing, University of Glasgow)

Staff member (School of Modern Languages and Culture, University of Glasgow)

Former UofG student

Fiona Turner (Institute of Health and Wellbeing, University of Glasgow)

Staff member (Institute of Health and Wellbeing, University of Glasgow)

11.40 Tea/coffee and scones

12.05 How can we best support colleagues with invisible disabilities?

12.05 Talking about disability

Nick Watson (UofG Centre for Disability Research)

12.15 Mental Health First Aid and the Employee Assistance Programme

Selina Woolcott (UofG Health, Safety and Wellbeing)

12.25 GU support for staff Catherine Madden (MVLS Human Resources)

12.35 GU support for students Shona Robertson (UofG Disability Service)

12.45 Q&A with panel of speakers CHAIR Jill Morrison

PANEL MEMBERS Catherine Madden (HR), Shona Robertson (Disability Service) Mary Blatchford

(Occupational Health), El Spaeth and former GU student (lived experience speakers)

13.05 Hearing loss and its consequences Ray Bradshaw @comedyray

13.20 Reflections from Institute of Health and Wellbeing management

Kate O'Donnell (Deputy Director, IHW)

13.25 Final summing up Jill Morrison

13.30 Close, lunch and optional "Paws against Stress" session

Acknowledgements

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